



**New Beginnings - Trenton Support Centre**  
**Monday - Friday 10AM - 3PM**  
**76 Dundas Street West**  
**Trenton, ON K8V 6S3**  
**(613)394 - 3449/nbsc@psseo.ca**

**JUNE 2017**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 1:30 Can You Name 5?	2	
	5 1:30 Internal Conflict	6 1:30 What can we do differently Discussion	7 1:30 Healthy Relationships	8 1:30 Cleanup Pop & Chips	9 1:00 Bingo	
	12 M & Ms Feeling Game	13 1:30 Birthday Celebration	14 1:30 Peer Chat	15 1:30 Pharmacist	16	
	19 1:30 Dinner Conversation	20 1:30 Just let it go Discus- sion	21 1:30 Know Yourself Better	22 1:30 Make Ice Cream	23 1:00 Bingo	
	26 1:30 Homemade Stress Ball	27 1:30 Cards	28	29 1:30 Peer Discussion	30	