

CORE VALUES

We remain ADAPTABLE by:

Appreciating the need to be flexible in all that we do

Being inclusive and reaping the benefits of celebrating diversity

Recognizing the inherent worth of each individual and creating an environment in which each one's gifts and experiences are valued and where they may be shared freely and honestly.

We strive to CONNECT with people by:

Being non-judgemental

Encouraging everyone to just be who they are

Respecting and meeting people where they are at within our Support Centres

We EMPOWER one another by:

Insisting that support is defined by the individual

Being models for others in all that we do

Respecting the right of each individual to choose his/her own path to wellness

We build strong COMMUNITY by:

Providing Peer Support/Staff Support to each other

Cultivating a true sense of team and community, and modeling it

A desire to continue learning and growing

Being Compassionate and showing it

WHERE WE ARE

New Beginnings - Trenton Support Centre
Monday-Friday 10am-3pm
76 Dundas Street West
Trenton, ON K8V 6S3
(613)-394-3449

3 Doors Down – Picton Support Centre
Monday, Wednesday-Friday 9:30am-2:30pm
333 Main Street
Picton, ON K0K 2T0
(613)-471-1347

Belleville Freedom Support Centre
Monday-Friday 10am-3pm, Saturday 9am-2pm
C-3 350 Front Street
Belleville ON K8N 5M5
(613)-969-1772

Peer 17 - Napanee Support Centre
Monday-Friday 10am-3pm
58 Dundas St E
Napanee, ON K7R 1H9
(613)-354-1690



P.O.R.T.- Kingston Support Centre
Monday-Saturday 10am-3pm
60 Queen Street
Kingston, ON, K7K 5W7
613-549-4964



Life House - Bancroft Support Centre
Monday, Wednesday-Friday 10am-3pm
23 Bridge Street
Bancroft, ON, K0L 1C0
(613)-332-4056



Madoc Support Centre
Monday-Thursday 9:30am-3pm,
Friday 9:30am-2:30pm
B-56 Russell Street
Madoc, ON K0K 2K0
(613)-473-4111



Prescott Outreach Peer Support
613-403-4863 or, 613-349-6243



WHAT IS OCAN?

The Ontario Common Assessment of Need (OCAN)

'Is a standardized, consumer led decision making tool that allows key information to be electronically gathered in a secure and efficient manner'

We provide services in French at our Kingston Support Centre



South East Local Health
Integration Network
Réseau local d'intégration
des services de santé
du Sud-Est

Coordinating Centre
350 Front Street, Unit C-2
Belleville, Ontario K8N 5M5
Phone: 613 969-0122
Fax: 613 969-1850
admin@mhsn.ca
Charity #: 860860287RR0001

Why the Change?

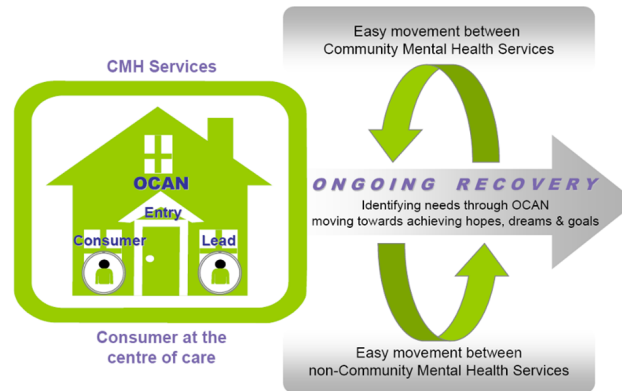
The implementation of the OCAN assessment tool became mandatory for all Mental Health Service Providers in 2011. MHSN was one of the very few organizations that was exempt from implementing it due to the uniqueness of our vision and the way in which we report our participants and participation. As of May 1 2013 we will be requiring all participants to complete a CORE OCAN in preparation for it becoming mandated by the South East LHIN.

OCAN Self-Assessments have been available in our Centres for the past year and a half, but are voluntary. The self-assessment remains voluntary but the CORE OCAN is now mandatory.

The CORE consists of Information Summary and explores the following;

- Consumer Demographic Information
- Mental Health Functional Centre Use
- Contacts
- Consumer Capacity
- Culture and Citizenship
- Current Legal Status
- Accommodation
- Employment Status
- Education level
- Psychiatric History
- Income
- Presenting Issues

OCAN Vision



OCAN is Intended to:

- Assist consumer led decision making at an individual level
- Identify consumer needs and help match these to existing services and identify service gaps
- Provide cumulative data to inform organizational level planning and decision making that is consistent with a recovery approach
- Further facilitate communication among HSPs through common data standards

What's the same?

Everything we offer in our Centres now will remain the same, including healthy \$1 lunches, groups, activities, outings and guest speakers. The maintenance of non-judgmental, non-disclosing safe respectful environments for any and everyone is paramount and never changing for MHSNSEO Corp.

What will change?

Participant will be provided a 1 week 'trial period' to engage in the activities at any Centre, with the completion of a CORE OCAN with a MHSN Staff if they wish to stay beyond 1 week.

How long's it take?

The completion of the CORE from start to finish will take about 30 minutes, it then allows uninterrupted access to the Centres for 6 months. Some participants may be familiar with the OCAN through another organization and this will expedite the time it takes.

What's involved?

To complete the CORE you will meet 1 on 1 with an MHSN staff and answer questions in 16 fields, this is done securely online and the responses are up to you and your comfort level in answering them. MHSN does not save this data nor provide access to it.

How It Benefits me?

The more individuals share the path of recovery they are on with staff, the better we can refine and tailor what it is we provide in our Centres for everyone.