



Leeds & Grenville Peer Support

Prescott 360 Dibble St West 3rd Floor

Tues & Wed 4pm - 8pm

Prescott 277 King St West, Monday & Thursday 5pm - 9pm

(613)213-0774 - (613)349-6243

www.psseo.ca

JANUARY

Su	Mon	Tue	Wed	Thu	Fri	Sat
	1 Closed	2 Closed	3 4:00 PM New Years Talk 5:00 PM Puzzles and Games	4 5:00 PM Open Discussion 7:00 PM Painting	5	6
7	8 5:00 PM Talk with Des 7:00 PM Board Games	9 4:00-8:00 PM Dinner and Movie in Brockville!	10 4:00 PM Mandalas 6:00 PM Board Games	11 4:00 PM Staff Meeting 5:00 PM Peer Meeting 7:00 PM Games and Word searches	12	13
14	15 5:00 PM Bingo with Rob 7:00PM Mindfulness Game	16 4:00 PM Throwback Gab 6:00 PM Board Games	17 4:00 PM In the News 6:00 PM Mandalas/Games	18 5:00 PM Birthday Celebrations 7:00 PM Good News Gab	19	20
21	22 5:00 PM WRAP Presentation 7:00PM Games and Gab	23 4:00 PM Horoscopes 6:00 PM Board Games	24 4:00 PM Open Discussion 6:00 PM Adult Colouring	25 5:00 PM Elephant in the Room Presentation 7:00 PM Journal Reflections	26	27
28	29 5:00 PM Centre Dinner 7:00PM Games	30 4:00 PM Open Discussion 6:00 PM Board Games	31 4:00 PM Word Search 6:00 PM Cards			