



**Belleville Freedom Peer Support Centre**  
**Monday - Friday 10AM - 3PM**  
**Saturday 9AM - 2PM**  
**391 Front Street**  
**(613)969-1772/bfsc@psseo.ca**

APRIL

Su	Mon	Tue	Wed	Thu	Fri	Sat
1 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:30 PM CLOSED</b>	2 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:30 PM CLOSED</b>	3 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	4 10:30 AM Life Skills 12:00 PM Lunch 1:00 PM Chess	5 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	6 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	7 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
8 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>	9 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>	16 <b>10:30 AM Centre Meeting</b> 12:00 PM Lunch 1:00 PM Arts & Crafts	11 10:30 AM Life Skills <b>10:30 AM AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	12 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	13 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	14 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
15 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>	16 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>	17 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	18 10:30 AM Life Skills <b>10:30 AM AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	19 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	20 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	21 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
22 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>	23 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>	24 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	25 10:30 AM Life Skills <b>10:30 AM AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	26 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	27 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	28 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
29 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>	30 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:45 PM CLOSED</b>					