



# Belleville Freedom Peer Support Centre

Monday - Friday 10AM - 3PM

Saturday 9AM - 2PM

391 Front Street

(613)969-1772/bfsc@psseo.ca

MAY

Su	Mon	Tue	Wed	Thu	Fri	Sat
		<i>1</i> 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>25</i> 10:00am Life Skills <b>10:30 AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	<i>3</i> 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	<i>4 National Orange Juice Day</i> 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	<i>5</i> 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
6	<i>7</i> 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:30 PM CLOSED</b>	<i>8</i> 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>25</i> 10:00am Life Skills <b>10:30 AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	<i>10</i> 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	<i>11</i> 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	<i>12</i> 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
13	<i>14</i> 10:30 AM Weekend Wrap-Up 12:00 PM Lunch <b>1:30 PM CLOSED</b>	<i>15</i> <b>10:30 AM Centre Meeting</b> 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>25</i> 10:00am Life Skills <b>10:30 AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	<i>17</i> 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	<i>18</i> 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	<i>19</i> 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
20	<i>21</i>  <b>Centre Closed</b>	<i>22</i> 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>25</i> 10:00am Life Skills <b>10:30 AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	<i>24</i> 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii	<i>25</i> 10:30 AM Garden Club 12:00 PM Lunch 1:00 PM Bingo	<i>26</i> 9:30 AM Mindful Relaxation 11:30 PM Lunch 12:00 PM Movies
27	<i>28</i> 10:30 AM Weekend Round-Up 11:30 AM Lunch 12:30 PM Closed for Staff Training	<i>29</i> 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>25</i> 10:00am Life Skills <b>10:30 AMHS Clinic</b> 12:00 PM Lunch 1:00 PM Chess	<i>31</i> 10:30 AM Cards 12:00 PM Lunch 1:00 PM Wii		