



JUNE

New Beginnings - Trenton Support Centre
Monday - Friday 10AM - 3PM
76 Dundas Street West
Trenton, ON K8V 6S3
(613)394 - 3449/nbsc@psseo.ca

Su	Mon	Tue	Wed	Thu	Fri	Sat
1					1 12:00 PM Lunch: Breakfast for Lunch 1:30 PM Peers' Choice	2
3	4 12:00 PM Lunch: Crispy Chicken Salad Wraps 1:30 PM Creating Kind- ness	5 12:00 PM Lunch: Break- fast for Lunch 1:30 PM Euchre Tournam- ent	6 12:00 PM Lunch: BBQ Hamburgers 1:00 PM Hastings Housing	7 11:00 AM - Canadian Blood Services 12:00 PM Lunch : Sandwiches and Saalad	8 12:00 PM Lunch: Burritos 1:30 PM Bingo	9
10	11 12:00 PM Lunch: BBQ Sausages 1:30 PM Painting	12 12:00 PM Lunch: Chicken Caesar Wraps 1:30 PM Peer Chat	13 12:00 PM Lunch: Ham on a Pita & Veggies 1:30 PM Just for Fun	14 12:00 pm Lunch : Chicken Fajitas 1:00 pm - Self Esteem Building	15 12:00 PM Lunch: Breakfast for Lunch 1:30 PM Peers' Choice	16
17	18 12:00 PM Lunch: Grilled Cheese & Veggies 1:30 PM Creating Kind- ness	19 12:00 Lunch: Sandwiches 12:30PM Centre Meeting 2:00 PM Staff Meeting	20 12:00 PM Lunch: Sausages, Pickles & Cheese 1:00 PM Positive Think- ing	21 12:00 pm Lunch : Pasta Casserole w/ Cheesy Garlic Bread 1:00 pm - Anxiety Part 1	22 12:00 PM Lunch: Slop- py Joes 1:30 PM Bingo	23
24	25 12:00 PM Lunch: Chicken Salad 1:30 PM Birthday Cele- bration	26 12:00 PM Lunch: Hot Dogs & Salad 1:30 PM Reaching out for Support	27 12:00 PM Lunch: Taco Salad 1:30 PM Saying "No"	28 12:00 pm Lunch : Hamburgers & Potato Salad 1:00 pm - Anxiety Part 2	29 12:00 PM Lunch: Breakfast for Lunch 1:30 PM Peers' Choice	30