



**Peers of the Round Table Support Centre**  
**Monday - Saturday 10AM - 3PM**  
**60 Queen Street, Kingston ON**  
**(613)549-4964/ksc@psseo.ca**

JULY

Su	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>CLOSED for Canada Day</i>	3 12:00 PM Lunch: Chicken Burgers  <i>CLOSED 2:00 pm</i>	4 12:00 PM Lunch: Mac & Cheese 1:00 PM: Forgiveness Group	5 12:00 PM Lunch: Wraps	6 12:00 PM Lunch: Hot Dogs & Salad 1:00 PM: Gratitude Group	7 12:00 PM Lunch: Frittata
8	9 12:00 PM Lunch: Hot Dogs & Salad  <i>CLOSED 2:00 pm</i>	10 12:00 PM Lunch: Sloppy Joes 1:00 PM: Meditation Group	11 12:00 PM Lunch: Mini Pizza 1:00 PM: Forgiveness Group	12 12:00 PM Lunch: Tuna Melts	13 12:00 PM Lunch: Grilled Ham & Cheese 1:00 PM: Gratitude Group	14 12:00 PM Lunch: Taco Salad
15	16 12:00 PM Lunch: Chicken Burgers  <i>CLOSED 2:00 pm</i>	17 12:00 PM Lunch: Sandwiches & Salad	18 11:00 AM: Coffee Chat  12:00 PM Lunch: Chicken Fajitas	19 12:00 PM Lunch: Macaroni Casserole <b>12:30 PM Peer Meeting</b>	20 11:00 AM: Coffee Chat  12:00 PM Lunch: Sandwiches & Salad	21 12:00 PM Lunch: Souvlaki & Rice & Greek Salad
22	23 12:00 PM Lunch: Wraps  <i>CLOSED 2:00 pm</i>	24 12:00 PM Lunch: Tuna Melts 1:00 PM: Meditation Group	25 12:00 PM Lunch: Chicken Alfredo 1:00 PM: Forgiveness Group	26 12:00 PM Lunch: Sloppy Joes	27 12:00 PM Lunch: Mini Pizzas 1:00 PM: Gratitude Group	28 12:00 PM Lunch: Mac & Cheese
29	30 12:00 PM Lunch: Grilled Ham & Cheese  <i>CLOSED 2:00 pm</i>	31 12:00 PM Lunch: Chicken Burgers				