



New Beginnings - Trenton Support Centre
Monday - Friday 10AM - 3PM
76 Dundas Street West
Trenton, ON K8V 6S3
(613)394 - 3449/nbsc@psseo.ca

JULY

Su	Mon	Tue	Wed	Thu	Fri	Sat
1	2 CENTRE CLOSED CANADA DAY	3 12:00 PM Lunch: Hot Dogs & Coleslaw 1:30 PM Your Favourite Things to Do	4 12:00 PM Lunch: Taco Salad 1:30 PM Down Memory Lane	5 12:00 PM Lunch: Hamburgers & Potato Salad 1:00 PM Board Game Showdown	6 12:00 PM Lunch: Breakfast for Lunch 1:00 PM Bingo	7
8	9 12:00 PM Lunch: Crispy Chicken Wraps 1:30 PM Painting	10 12:00 PM Lunch: Breakfast for Lunch 1:30 PM Wellness Tools Group	11 12:00 PM Lunch: BBQ Hamburgers What Makes Summer Fun?	12 12:00 PM Lunch: Sandwiches & Salad	13 12:00 PM Lunch: Burritos 1:00 PM Peer's Choice	14
15	16 12:00 PM Lunch: BBQ Sausages 1:30 PM The Kindness Project	17 12:00 PM Lunch: Chicken Caesar Wraps 1:00 PM Euchre Tournament	18 12:00 PM Lunch: Ham on a Pita with Veggies 1:30 PM Peer Chat	19 12:00 PM Lunch: Chicken Fajitas	20 12:00 PM Lunch: Breakfast for Lunch 1:00 PM Bingo	21
22	23 12:00 PM Lunch: Grilled Cheese & Veggies 1:30 PM Crafts	24 12:00 PM Lunch: Sandwiches 1:30 PM Peer Chat - Your Choice	25 12:00 PM Lunch: Sausages, Pickles, & Cheese 1:30 PM Peer Chat	26 12:00 PM Lunch: Pasta Casserole & Buns 1:00 PM Birthday Celebrations	27 12:00 PM Lunch: Sloppy Joes 1:00 PM Peer's Choice	28
29	30 12:00 PM Lunch: Chicken Salad 1:30 PM Resolving Conflict	31 12:00 PM Lunch: Hot Dogs & Coleslaw				