



Belleville Freedom Peer Support Centre

Monday - Friday 10AM - 3PM

Saturday 9AM - 2PM

391 Front Street

(613)969-1772/bfsc@psseo.ca

OCTOBER

Su	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> 10:30AM Weekend Wrap-Up 12:00 PM Lunch 1:30 PM CLOSED	<i>2</i> 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>3</i> 10:30 Mini-Wrap 12:00 PM Lunch 1:00 PM Life Skills	<i>4</i> 10:30 AM Meditation 12:00 PM Lunch 1:00 PM Board Games	<i>5</i> 10:30 AM Bingo 12:00 PM Lunch 1:00 PM Movie & Pop-corn	<i>6</i> 9:30 AM Solutions 11:00 PM Brunch 12:00 PM Netflix
7	<i>8</i> 10:30AM Weekend Wrap-Up 12:00 PM Lunch 1:30 PM CLOSED	<i>9</i> 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>10</i> 10:30 Mini-Wrap 12:00 PM Lunch 1:00 PM Life Skills	<i>11</i> 10:30 AM Meditation 12:00 PM Lunch 1:00 PM Board Games	<i>12</i> 10:30 AM Bingo 12:00 PM Lunch 1:00 PM Movie & Pop-corn	<i>13</i> 9:30 AM Solutions 11:00 PM Brunch 12:00 PM Netflix
14	<i>15</i> 10:30AM Weekend Wrap-Up 12:00PM Lunch 1:30 PM CLOSED	<i>16</i> 10:30 AM Horoscopes 12:00 PM Lunch 1:00 PM Arts & Crafts	<i>17</i> 10:30 Mini-Wrap 12:00 PM Lunch 1:00 PM Life Skills	<i>18</i> 10:30 AM Meditation 12:00 PM Lunch 1:00 PM Board Games	<i>19</i> 10:30 AM Bingo 12:00 PM Lunch 1:00 PM Movie & Pop-corn	<i>20</i> 9:30 AM Solutions 11:00 PM Brunch 12:00 PM Netflix
21	<i>22</i> 10:30 AM Weekend Wrap-Up 12:00PM Lunch 1:30 PM CLOSED	<i>23</i> 10:30AM Horoscopes 12:00PM Lunch 1:00PM Arts & Crafts	<i>24</i> 10:30 Mini-Wrap 12:00 PM Lunch 1:00 PM Life Skills	<i>25</i> 10:30 AM Meditation 12:00 PM Lunch 1:00 PM Board Games	<i>26</i> 10:30 AM Bingo 12:00 PM Lunch 1:00 PM Movie & Pop-corn	<i>27</i> 9:30 AM Solutions 11:00 PM Brunch 12:00 PM Netflix
28	<i>29</i> 10:30 AM Weekend Wrap-Up 12:00PM Lunch 1:30 PM CLOSED	<i>30</i> 10:30AM Horoscopes 12:00 PM Lunch 1:00PM Arts & Crafts	<i>31</i> 10:30 Mini-Wrap 12:00 PM Lunch 1:00 PM Life Skills			