



**Peers of the Round Table Support Centre**  
**Monday - Saturday 10AM - 3PM**  
**60 Queen Street, Kingston ON**  
**(613)549-4964/ksc@psseo.ca**

OCTOBER 2018

Su	Mon	Tue	Wed	Thu	Fri	Sat
	1 12:00 Lunch: Hot Dogs <b>CLOSE at 2:00 pm</b>	2 12:00 Lunch: Sandwiches <b>1:00 PM: Meditation</b>	3 12:00 Lunch: Chicken Burgers <b>1:00 PM: Gratitude Group</b>	4 12:00 Lunch: Sloppy Joes 1:00 PM: Michelle AMHS Worker	5 12:00 Lunch: Mac & Cheese <b>1:00 PM: W.R.A.P.</b>	6 12:00 Lunch: Grilled Ham & Cheese
7	8 <b>CLOSED for Thanksgiving Day</b>	9 12:00 Lunch: Mini Pizza <b>CLOSE at 2:00 pm</b>	10 12:00 Lunch: Taco Salad <b>1:00 PM: Meditation</b>	11 12:00 Lunch: Tuna Melts 1:00 PM: Michelle AMHS Worker	12 12:00 Lunch: Chicken Fajitas	13 12:00 Lunch: Wraps
14	15 12:00 Lunch: Sandwiches <b>CLOSE at 2:00 pm</b>	16 12:00 Lunch: Sloppy Joes <b>1:00 PM: Meditation</b>	17 12:00 Lunch: Mac & Cheese	18 12:00 Lunch: Chicken Burgers 1:00 PM: Michelle AMHS Worker	19 12:00 Lunch: Chili	20 12:00 Lunch: Hot Dogs
21	22 12:00 Lunch: Wraps <b>CLOSE at 2:00 pm</b>	23 12:00 Lunch: Taco Salad <b>1:00 PM: Meditation</b>	24 12:00 Lunch: Mini Pizza	25 12:00 Lunch: Tuna Melts 1:00 PM: Michelle AMHS Worker	26 12:00 Lunch: Chicken Fajitas	27 12:00 Lunch: Frittata
28	29 12:00 Lunch: Sandwiches <b>CLOSE at 2:00 pm</b>	30 12:00 Lunch: Beef & Tomato Casserole <b>1:00 PM: Meditation</b>	31 12:00 Lunch: Chicken Burgers <b>1:00 PM: W.R.A.P.</b>			