



Leeds & Grenville Peer Support

Prescott 277 King St West, Monday - Thursday 5pm - 9pm
 (613)213-0774 - (613)349-6243
www.psseo.ca

OCTOBER

Su	Mon	Tue	Wed	Thu	Fri	Sat
	1 5:00PM Peer Chat 6:00PM Bingo 8:00PM Peers Choice	2 5:00PM Peer Chat 6:00PM Horoscopes 7:00PM Board Games	3 5:00-9:00PM Computer Class *Activities also available	4 5:00PM Peer Chat 6:00PM Wordsearches 7:00PM Uno & Mental Health check in	5	6
7	8 Closed—Thanksgiving Holiday	9 4:00-8:00PM Dinner & Shopping in Brockville!	10 5:00-9:00PM Computer Class *Activities also available	11 5:00PM Peer Chat 6:00PM Peer Meeting 7:00PM Game Time & Mental Health check in	12	13
14	15 5:00PM Peer Chat 6:00PM Painting / Arts and Crafts 8:00PM Peers Choice	16 5:00-9:00PM Gab Game Night	17 5:00-9:00PM Computer Class *Activities also available	18 5:30PM– 9:30PM Pumpkinferno!	19	20
21	22 5:00PM Peer Chat 6:00PM Bingo 8:00PM Peers Choice	23 5:00PM Peer Chat 6:00PM In the News 7:00PM Mandalas	24 5:00-9:00PM Computer Class *Activities also available	25 5:00PM Peer Chat 6:00PM Wordsearches & Mandalas 7:00PM Discussion on Mental Health	26	27
28	29 5:00PM Peer Dinner 7:00PM Game Time	30 5:00-9:00PM Gab Game Night	31 5:00-9:00PM Computer Class *Activities also available			