



Leeds & Grenville Peer Support

Prescott 277 King St West, Monday - Thursday 5pm - 9pm
(613)213-0774 - (613)349-6243
www.psseo.ca

SEPTEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Closed For the Civic Holiday	3 5:00PM Peer Chat 6:00PM Meditation Techniques 7:00PM Board Games	4 5:00PM-9:00PM Computer Group <i>*Activities also available</i>	5 5:00PM Peer Chat 6:00PM Mandalas 7:00PM Current Events	6	7
8	9 5:00PM Peer Chat 6:00PM Walking Group 7:00PM Peers Game Choice	10 5:00PM Peer Chat 6:00PM Current Events 7:00PM Peers Choice	11 5:00PM-9:00PM Computer Group <i>*Activities also available</i>	12 5:00PM Peer Chat 7:00PM Uno	13	14
15	16 5:00PM Peer Chat 6:00PM Bingo	17 5:00PM Peer Chat 6:00PM Meditation Techniques 7:00PM Cards	18 5:00PM-9:00PM Computer Group <i>*Activities also available</i>	19 5:00PM Peer Chat 6:00PM Back in the day....the 70's	20	21
22	23 5:00PM Peer Chat 6:00PM Movie and Popcorn in House	24 5:00PM Peer Chat 6:00PM Word Search, Crosswords and Brain Teasers	25 5:00PM-9:00PM Computer Group <i>*Activities also available</i>	26 5:00PM Dinner Prep 6:00PM Peer Dinner	27	28
29	30 5:00PM Peer Chat 6:00PM Walking group 7:00PM Craft					