



# Kingston Peer Support Centre - Peers of the Round Table

## Monday - Saturday 9:00 AM - 3:00 PM

60 Queen Street

613.549.4964

[www.psseo.ca](http://www.psseo.ca)

# JANUARY 2024

Sun Mon

Tue

Wed

Thu

Fri

Sat

	1 <b>NEW YEARS DAY CENTRE CLOSED</b>	2 <b>CENTRE CLOSED</b>	3 12PM — Hot Dogs	4 12PM — Pizza 1PM — Mental Health Film “Help”	5 12PM — Grilled Ham & Cheese 1PM — Peer-Led Baking	6 12PM — Chicken Burgers
7	8 11AM — Word Games 12PM — Mac & Cheese	9 12PM — Sandwiches 1PM — Music Appreciation	10 12PM — Hamburgers	11 12PM — Wraps 1PM — Crafts	12 10:30AM — Coffee Chat 12PM — Taco Salad	13 12PM — Frittata
14	15 10:30AM — Coffee Chat 12PM — Grilled Ham & Cheese <b>Close @ 1:30 PM</b>	16 11AM — Word Games 12PM — Chicken Burgers	17 12PM — Sandwiches 1PM — Peer-Led Baking	18 12PM — Mac & Cheese 1PM — Gratitude	19 12PM — Chicken Fajitas	20 12PM — Hot Dogs
21	22 11AM — Word Games 12PM — Chicken Burgers	23 12PM — Wraps 1PM — Music Appreciation	24 12PM — Hamburgers	25 10:30AM — Coffee Chat 12PM — Meatball Subs	26 10:30AM — Coffee Chat 12PM — Chili	27 12PM — Frittata 1PM — Movie
28	29 10:30AM — Coffee Chat 12PM — Pizza <b>Close @ 1:30 PM</b>	30 11AM — Word Games 12PM — Sandwiches	31 12PM — Hot Dogs 1PM — Gratitude	<b>Feb. 1</b> 12PM — Wraps 1PM — Crafts	2 12PM — Sloppy Joes	3 12PM — Chicken Burgers