



Madoc Peer Support Centre
Monday to Thursday 9:30am to 2:30pm
56 Russell Street, Madoc
613.473.4111

JANUARY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NEW YEARS DAY- CENTRE CLOSED	2 HOLIDAY- CENTRE CLOSED	3 10am-11am- Bingo 12pm- Tuna Sandwich 12:30pm-2pm- Movie	4 10am-11am- Peer Bonding 12pm- Soup 12:30pm-2pm- Goal Planning	5 SEE YOU NEXT WEEK	6
7	8 10am-11am- Baking Group 12pm- Pork Chop & Veg 12:30-2pm- Cards	9 10am-11am- Wii Sports 12pm- Spaghetti 12:30pm-2pm- Bingo	10 10am-11am- Peer Bonding 12pm- Ham Sandwich 12:30pm-2pm-Wii Sports	11 10am-11am-Cards 12pm- Cold Plate 12:30pm-2pm- Movie	12 SEE YOU NEXT WEEK	13
14	15 10am-11am- Crafts 12pm- Grilled Cheese 12:30pm-2pm- Cards	16 10am-11am- Movie 12pm- Fried Egg Sandwich 12:30pm-2pm- Wii Sports	17 10am-11am-Peer Bonding 12pm-Spaghetti 12:30pm-2pm- Movie	18 10am-11am- Cards 12pm- Tuna Sandwich 12:30pm-2pm- Crafts	19 SEE YOU NEXT WEEK	20
21	22 10am-11am- Baking Group 12pm- Hamburg, Rice, Veg 12:30-2pm- Cards	23 10am-11am- Crafts 12pm- Grilled Chicken & Veg 12:30pm-2pm- Movie	24 10am-11am-Colouring 12pm- Ham Sandwich 12:30pm-2pm- Wii Sports	25 10am-11am- Baking Group 12pm- Omelet 12:30pm-2pm- Movie	26 SEE YOU NEXT WEEK	27
28	29	30	31			