



**Bancroft Peer Support Centre - Lifehouse**  
**Monday - Friday 10:00 AM - 3:00 PM**  
**23 Bridge Street West**  
**613.332.4056**  
**[www.psseo.ca](http://www.psseo.ca)**

**JANUARY 2025**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <b>CENTRE CLOSED NEW YEARS DAY</b>	2 10:30 AM Puzzle 12:00 PM Chili 1:30 PM Skipo	3 10:30 AM Jenga 12:00 PM Rice Bowl 1:30 PM Yahtzee	4
5	6 10:30 AM Puzzle 12:00 PM Chicken Fettuccini 1:30 PM Meditation	7 10:30 AM Adult Coloring 12:00 PM Monte Cristo 1:30 PM BINGO	8 10:30 AM Talk Through 12:00 PM Spaghetti 1:30 PM Yahtzee	9 10:30 AM Puzzle 12:00 PM Chili 1:30 PM Skipo	10 10:30 AM Jenga 12:00 PM Rice Bowl 1:30 PM Yahtzee	11
12	13 10:30 AM Puzzle 12:00 PM Chicken Fettuccini 1:30 PM Meditation	14 10:30 AM Adult Coloring 12:00 PM Monte Cristo 1:30 PM Craft	15 10:30 AM Talk Through 12:00 PM Spaghetti 1:30 PM Knitting Group	16 10:30 AM Puzzle 12:00 PM Chili 1:30 PM Skipo	17 10:30 AM Jenga 12:00 PM Rice Bowl 1:30 PM Movie	18
19	20 10:30 AM Puzzle 12:00 PM Chicken Fettuccini 1:30 PM Meditation	21 10:30 AM Adult Coloring 12:00 PM Monte Cristo 1:30 PM BINGO	22 10:30 AM Talk Through 12:00 PM Spaghetti 1:30 PM Yahtzee	23 10:30 AM Puzzle 12:00 PM Chili 1:30 PM Skipo	24 10:30 AM Jenga 12:00 PM Rice Bowl 1:30 PM Yahtzee	25
26	27 10:30 AM Puzzle 12:00 PM Chicken Fettuccini 1:30 PM Baking	28 10:30 AM Adult Coloring 12:00 PM Monte Cristo 1:30 PM BINGO	29 10:30 AM Talk Through 12:00 PM Spaghetti 1:30 PM Yahtzee	30 10:30 AM Puzzle 12:00 PM Chili 1:30 PM Skipo	31 10:30 AM Jenga 12:00 PM Rice Bowl 1:30 PM Yahtzee	