Kingston Peer Support Centre - Peers of the Round Table

Monday - Saturday 10:00 AM - 3:00 PM

60 Queen Street 613.549.4964

www.psseo.ca

			•	ww.pssco.ca		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			CENTRE CLOSED NEW YEARS DAY	2 12:00pm — Chicken Burgers 1:00pm — Gratitude	3 12:00pm — Wraps 1:00pm — Vision Boards Craft	4 12:00pm — Hot Dogs
5	6 12:00pm — Sloppy Joes	7 12:00pm — Pizza 1:00pm — Bingo	8 12:00pm — Sandwiches 1:00pm — Wellness Chat	9 12:00pm — Meatball Subs 1:00pm — Word Games	10 12:00pm — Grilled Ham & Cheese Closing at 1:30pm	11 12:00pm — Frittata
12	13 12:00pm — Pizza	14 12:00pm — Goulash 1:00pm — Wellness Chat	15 12:00pm — Hot Dogs 1:00pm — Colouring	16 12:00pm — Tuna Melts 1:00pm — Gratitude	17 12:00pm — Mac& Cheese 1:00pm — Music Appreciation	18 12:00pm — Chicken Burgers
19	20 1 2:00pm — Hot Dogs	21 12:00pm — Sandwiches 1:00pm — Creativity Group	12:00pm — Hamburgers 1:00pm — Birdseed Ornament Crafts	23 12:00pm — Wraps	24 12:00pm — Grilled Ham & Cheese Closing at 1:30pm	25 12:00pm — Frittata
26	27 12:00pm — Chicken Burgers 1:00pm — Wellness Chat	28 12:00pm — Chili	29 12:00pm — Wraps 1:00pm — Games	30 12:00pm — Chicken Burgers 1:00pm — Gratitude	31 12:00pm — Sandwiches 1:00pm — Music Appreciation	

Peer Support

JANUARY 2025