



Bancroft Peer Support Centre - Lifehouse
Monday - Friday 10:00 AM - 3:00 PM
23 Bridge Street West
613.332.4056
www.psseo.ca

February 2023

Sun Mon Tue Wed Thu Fri Sat

			1 10:30 AM Adult Coloring 12:00 PM Chili 1:00 PM Cards	2 10:30 AM Reading 12:00 PM Fettuccini 1:00 PM Board Games	3 10:30 AM Adult Coloring 12:00 PM Korean Rice 1:00 PM Movie	4
5	6 10:30 AM Board Games 12:00 PM Grilled Cheese 3:00 PM BINGO	7 10:30 AM Peer Meeting 12:00 PM Spaghetti 1:00 PM Bakers N Shakers	8 10:30 AM Valentines Craft 12:00 PM Chili 1:00 PM Board Games	9 10:30 Puzzle 12:00 PM Fettuccini 1:00 PM BINGO	10 10:30 AM Adult Coloring 12:00 PM Korean Rice 1:00 PM Movie	11
12	13 10:30 AM Board Games 12:00 PM Grilled Cheese 3:00 PM BINGO	14 10:30 Puzzle 12:00 PM Spaghetti 1:00 PM Cards	15 10:30 AM Cards 12:00 PM Chili 1:00 PM Craft	16 10:30 AM Reading 12:00 PM Fettuccini 1:00 PM Relieving stress	17 10:30 AM Adult Coloring 12:00 PM Korean Rice 1:00 PM Movie	18
19	20 Family Day Center is Closed	21 10:30 AM Board Games 12:00 PM Spaghetti 1:00 PM Reading	22 10:30 AM Cards 12:00 PM Chili 1:00 PM Craft	23 10:30 AM Puzzle 12:00 PM Fettuccini 1:00 PM Cards	24 10:30 AM Adult Coloring 12:00 PM Korean Rice 1:00 PM Movie	25
26	27 10:30 AM Board Games 12:00 PM Grilled Cheese 3:00 PM BINGO	28				