## Peer Support South East Ontario February 2023

## Kingston Peer Support Centre - Peers of the Round Table Monday - Saturday 9:00 AM - 3:00 PM

60 Queen Street 613.549.4964

www.psseo.ca

S	Mon	Tue	Wed	Thu	Fri	Sat
			Open 11:00 am Peer Meeting: 11:00 am	2 Gratitude Group	3 Music Appreciation	4
5	6 Open 10am—1:30pm	7	8 Self-Care Group	9	10	11
12	13 Open 10am—1:30pm	14	15	16 Gratitude Group	17 Music Appreciation	18
19	20 CLOSED	21	22 Baking Group	23	24	25
26	27 Open 10am—1:30pm	28		Centre is open Monday to Saturday 10:00 am to 2:30 pm unless other- wise noted. Lunches served at 12:00pm		