



Kingston Peer Support Centre - Peers of the Round Table

Monday - Saturday 10:00 AM - 3:00 PM

60 Queen Street
613.549.4964
www.psseo.ca

JULY 2024

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 CANADA DAY CENTRE CLOSED	2 12pm — Grilled Ham & Cheese CLOSING AT 1:30pm	3 12pm — Pizza 1pm — Positive Affirmations	4 12pm — Wraps 1pm — Fun & Games	5 12pm — Mac & Cheese 1pm — Music Appreciation	6 12pm — Hot Dogs
7	8 12pm — Chicken Burgers	9 12pm — Sandwiches 1pm — Gratitude	10 12pm — Sloppy Joes 1pm — Positive Affirmations	11 12pm — Meatball Subs 1pm — Crafts	12 12pm — Chicken Fajitas 1pm — Wellness Chat	13 12pm — Frittata	
14	15 12pm — Grilled Ham & Cheese CLOSING AT 1:30pm	16 12pm — Sandwiches 1pm — Wellness Chat	17 12pm — Hot Dogs 1pm — Gratitude	18 12pm — Tuna Melts 1pm — Fun & Games	19 12pm — Mac & Cheese	20 12pm — Chicken Burgers	
21	22 12pm — Pizza 1pm — Bingo	23 12pm — Chicken Burgers 1pm — Music Appreciation	24 12pm — Hamburgers 1pm — Positive Affirmations	25 12pm — Wraps 1pm — Money Matters	26 12pm — Chicken Caesar Salad	27 12pm — Frittata	
28	29 12pm — Grilled Ham & Cheese CLOSING AT 1:30pm	30 12pm — Chicken Burgers 1pm — Bingo	31 12pm — Hot Dogs				