



Madoc Peer Support Centre
Monday to Thursday 9:30am to 2:30pm
56 Russell Street, Madoc
613.473.4111

SEPTEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 LABOUR DAY CENTRE CLOSED	3 10am Coloring 12pm Soup & Sandwich 1pm Skip Bo	4 10am Good News Group 12pm Hamburger Helper 1pm Wii Sports	5 10am Creative Writing 12pm Flatbread Pizza 1pm Cards	6 10am Peer Social 12pm BBQ 1pm Mental Health Activity	7
8	9 10am Self Care Group 12pm Chicken Fettuccini 1pm Baking Group	10 10am Puzzles 12pm Soup & Sandwich 1pm Craft Group	11 10am Self Care Group 12pm Hamburger Helper 1pm Cards	12 10am Crafts- Beading 12pm Flatbread Pizza 1pm Movie	13 10am Peer Social 12pm BBQ 1pm Mental Health Activity	14
15	16 10am Peer Lunch Prep 12pm (Lasagna) 1pm Peer Social	17 10am Coloring 12pm Soup & Sandwich 1pm Skip Bo	18 10am Good News Group 12pm Hamburger Helper 1pm Wii Sports	19 10am Creative Writing 12pm Flatbread Pizza 1pm Cards	20 10am Peer Social 12pm BBQ 1pm Mental Health Activity	21
22	23 10am Self Care Group 12pm Chicken Fettuccini 1pm Baking Group	24 10am Puzzles 12pm Soup & Sandwich 1pm Craft Group	25 10am Self Care Group 12pm Hamburger Helper 1pm Cards	26 10am Crafts-Beading 12pm Flatbread Pizza 1pm Movie	27 10am Peer Social 12pm BBQ 1pm Mental Health Activity	28
29	30 10am Peer Lunch Prep 12pm Stuffed Peppers 1pm Peer Social					