



Belleville Peer Support Centre - Freedom Centre

Monday - Friday 10:00 AM - 3:00 PM, Saturday 9:00 AM - 2:00 PM

391 Front Street
613.969.1772
www.psseo.ca

FEBRUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9 AM : Java Club 11 AM : Waffles 12 PM : Movies
2	3 10 AM : Puzzles 12 PM : Pasta 1 PM : Java Club	4 10 AM : Music Club 12 PM : TACOS 1 PM : ART Club	5 10 AM : Movies 12 PM : Spanish Rice 1 PM : BINGO	6 10 AM : Card Games 12 PM : Grilled Cheese 1 PM : Java Club	7 10 AM : Mindfulness 12 PM : Sloppy Joes 1 PM : BINGO	8 9 AM : Java Club 11 AM : Frittata 12 PM : Movies
9	10 10 AM : Puzzles 12 PM : Pasta 1 PM : Java Club	11 10 AM : Music Club 12 PM : TACOS 1 PM : ART Club	12 10 AM : Movies 12 PM : Chicken Casserole 1 PM : BINGO	13 10 AM : Card Games 12 PM : Shepard's Pie 1 PM : V-Day Craft	14 10 AM : Anxiety 12 PM : Mac & Cheese 1 PM : BINGO	15 9 AM : Java Club 11 AM : Pancakes 12 PM : Movies
16	17 CENTRE CLOSED FAMILY DAY	18 10 AM : Music Club 12 PM : TACOS 1 PM : ART Club	19 10 AM : Movies 12 PM : Chili 1 PM : BINGO	20 10 AM : Card Games 12 PM : Chicken & Rice 1 PM : Java Club	21 10 AM : Grounding Tips 12 PM : Chili Dogs 1 PM : BINGO	22 9 AM : Java Club 11 AM : Eggs & taters 12 PM : Movies
23	24 10 AM : Puzzles 12 PM : Pasta 1 PM : Java Club	25 10 AM : Music Club 12 PM : TACOS 1 PM : ART Club	26 10 AM : Movies 12 PM : Pizza Casserole 1 PM : BINGO	27 10 AM : Card Games 12 PM : Shepard's Pie 1 PM : Java Club	28 10 AM : Breathing 12 PM : Pigs in a blanket 1 PM : BINGO	