

KINGSTON PEER SUPPORT CENTRE CALENDAR

60 Queen Street, Kingston 613-549-4964

Hours - Monday to Saturday - 10:00am - 3:00pm

Lunch Daily @ 12:00pm - Sign-up by 11:15am



May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 LUNCH: Chicken Fajitas	2 LUNCH: Frittata
4 AM: Colour & Chat LUNCH: Chicken Burgers	5 AM: Craft Corner LUNCH: Pizza	6 LUNCH: Sandwiches PM: Gratitude	7 LUNCH: Meatball Subs PM: Music Appreciation	8 LUNCH: Frittata	9 LUNCH: Hot Dogs
11 AM: Colour & Chat LUNCH: Grilled Ham & Cheese Sandwich	12 AM: Craft Corner LUNCH: Hamburgers	13 LUNCH: Wraps PM: Gratitude	14 LUNCH: Mac & Cheese PM: Music Appreciation	15 LUNCH: Chili	16 LUNCH: Frittata
18 CLOSED for Victoria Day	19 AM: Craft Corner LUNCH: Pizza	20 LUNCH: Sandwiches PM: Gratitude	21 LUNCH: Meatball Subs PM: Music Appreciation	22 LUNCH: Frittata	23 LUNCH: Chicken Burgers
25 AM: Colour & Chat LUNCH: Grilled Ham & Cheese Sandwich	26 AM: Therapy Dog LUNCH: Hamburgers	27 LUNCH: Wraps PM: Gratitude	28 LUNCH: Mac & Cheese PM: Music Appreciation	29 LUNCH: Sloppy Joes	30 LUNCH: Frittata