

BROCKVILLE PEER SUPPORT CALENDAR

189 King St West. 613-341-9851

Monday – Friday 9:00am – 5:00pm



Mon	Tue	Wed	Thu	Fri
September 2026	1 AM: Mindfulness LUNCH: Pasta PM: Taco 'bout it Tuesday	2 AM: Micro-Engagement LUNCH: Sandwiches PM: Wonder Wednesday	3 AM: Looking In LUNCH: Chicken Burgers PM: BINGO	4 AM: Art LUNCH: Naan Pizza PM: Fun Food Friday
7 Labour Day 	8 AM: Mindfulness LUNCH: Pasta PM: Taco 'bout it Tuesday	9 AM: Micro-Engagement LUNCH: Sandwiches PM: Wonder Wednesday	10 Closed for Staff event	11 AM: Art LUNCH: Naan Pizza PM: Fun Food Friday
14 AM: Motivation Monday LUNCH: Hot dogs PM: Minute to win it	15 AM: Mindfulness LUNCH: Pasta PM: taco 'bout it Tuesday	16 AM: Micro-Engagement LUNCH: Sandwiches PM: Wonder Wednesday	17 AM: Looking In LUNCH: Chicken Burgers PM: BINGO	18 AM: Art LUNCH: Naan Pizza PM: Fun Food Friday
21 AM: Motivation Monday LUNCH: Hot Dogs PM: Minute to Win it	22 AM: Mindfulness LUNCH: Pasta PM: Taco 'bout it Tuesday	23 AM: Micro-Engagement LUNCH: Sandwiches PM: Wonder Wednesday	24 AM: Looking In LUNCH: Chicken Burgers PM: BINGO	25 AM: Art LUNCH: Naan Pizza PM: Fun Food Friday
28 AM: Motivation Monday LUNCH: Hot dogs PM: Minute to Win it	29 AM: Mindfulness LUNCH: Pasta PM: Taco 'bout it Tuesday	30 AM: Micro-Engagement LUNCH: Sandwiches PM: Wonder Wednesday		